

KNOW WHAT TO DO.

1. Call 9-1-1
2. Try to wake the person. Yell their name and rub the middle of their chest hard (sternal rub)
3. Check for pulse and breathing
4. Check to make sure the source of the overdose to the victim has stopped, if still present & possible to safely remove the source, do so, such as a removing a fentanyl patch with gloves.
5. If available administer naloxone
6. Attempt rescue breathing
7. Prevent choking, move the person to a recovery position
8. If no response after 3 minutes, administer naloxone again
9. Don't leave, wait for assistance

How to administer Narcan Nasal Spray



NO PRESCRIPTION NECESSARY

California Laws encourage naloxone access & use

California laws allow pharmacists to dispense naloxone without a prescription

Anyone can get naloxone, both individuals taking opioids and anyone who could assist someone experiencing an overdose can get naloxone, a life-saving antidote.

911 Good Samaritan Law

If you see/come across or are with someone who is experiencing an overdose or overdose symptoms, you can administer naloxone without fear of legal liability.

Call 9-1-1 and stay with the person. In California it is not a crime to report an overdose, both you and the overdose victim will not be arrested for drug or paraphernalia possession.

YOU CAN SAVE A LIFE.

Opioid Safety and How to Use Naloxone



OPIOID OVERDOSE SIGNS & SYMPTOMS

KNOW THE SIGNS:

Someone who is overdosing may display some or all of the signs

Pinpoint pupils

Blue fingernails and lips

Won't wake up, limp body

Faint heartbeat

Shallow or stopped breathing

Gurgling, choking noise

ALWAYS ACT

Call 911

Administer Naloxone

Perform Rescue Breathing

Stay With The Person

WHO IS AT RISK?

Anyone taking opioids can stop breathing and die

People taking high doses

People taking opioids for a long period of time

People who use heroin

People taking other substances with opioids, such as anti-anxiety medications, sleep aids, or alcohol

People who have had a period of abstinence from taking opioids, such as recently being released from detox, rehab, or jail/prison

WARNING

If you or anyone you know is at risk, you should have naloxone. Naloxone can be obtained without a prescription at your local pharmacies.

WHAT IS NALOXONE?

Naloxone is a life-saving medication that is capable of reversing an opioid overdose

Naloxone knocks opioids off the brain receptors for 30 - 90 minutes, allowing for the overdose to be reversed and for help to arrive

Naloxone can be administered by anyone

Naloxone is safe and has little to no side effects

Naloxone is not addictive and cannot be abused

Naloxone is not a controlled substance

Naloxone has been used for more than 40 years

Naloxone only works with opioids such as oxycodone, fentanyl, heroin, codeine, methadone, or hydrocodone